

## Mixed Berry French Chèvre Smoothie

*Nothing starts a day off like a smoothie. And one with goat cheese packs a protein punch that will keep you going for hours.*

### Makes 2 cups

- 8 ounces strawberries (about 10)
- 1 cup blueberries (½ pint)
- 4 ounces French fresh goat cheese

**Wash** the berries. Place the strawberries in blender and puree them, adding a little water or juice as needed.

**Add** the blueberries and French goat cheese and blend thoroughly. Pour into glasses and enjoy!

*Recipe courtesy of [Goat Cheeses of France](#)*

